

Hayes Park Scope and Sequence Personal Development, Health and Physical Education

Prior knowledge, attitudes and skills

The content of the PDHPE K–6 syllabus is sequential and the activities in this resource build upon prior knowledge, attitudes and skills. Teachers need to ensure that all students, including those who are newly arrived, have the essential knowledge, attitudes and skills when selecting stage appropriate teaching and learning activities. For example, it may be necessary to select Stage 2 teaching and learning experiences for Stage 3 students who do not have the prior knowledge, attitudes and skills.

Scope and Sequence Syllabus Links

The activities in this resource, link to the Board of Studies Personal Development, Health and Physical Education K–6 Syllabus. The following is the scope and sequence for K–6 Personal Development, Health and Physical Education. **The units of work and activities may need to be modified according to the needs and interests of students and the school community. The placement of units across a Year and Stage will be dependent on school-based needs and opportunities to integrate with other Key Learning Areas.**

Early Stage 1	Stage 1	Stage 2	Stage 3
Kindergarten	Year 1	Year 3	Year 5
Me and My Friends Bullying	Getting Along with Others. Bullying	Building My Network Bullying	Playing My Part Bullying
I Am Special	There's Only One Me	Feelings	Getting It Together
Healthy Habits	Keeping Myself Healthy	Keeping Healthy	Considered Choices
Play It Safe	Watch Your Step	Safety First #1	Safety First #2
Enjoy Being Active	Let's Move	On the Go	Keeping Active and Happy
Let's Play Games	Getting Started	Enjoying the Game	Playing the Game
Moving around	Let's Dance	Dance Mania	Stomp
Move and Explore	Hop, Step and Jump	Tumble and Turn	Swing into Gym
Child Protection	Child Protection	Child Protection	Child Protection
Unit Focus Key	Year 2	Year 4	Year 6
<ul style="list-style-type: none"> ▪ Interpersonal Relationships ▪ Growth and Development ▪ Personal Health Choices ▪ Safe Living ▪ Active Lifestyle ▪ Games and Sport ▪ Dance ▪ Gymnastics ▪ Child Protection 	Friendships and Bullying Me, Myself and I And Healthy Living Fit and Well Look Out! Getting Out and About Game Skills Move to the beat Do the Locomotion Child Protection	Relationships, and Bullying My Growing Self Daily Decisions Keeping Safe Getting Out There Champions Choices Dance with confidence Gym Fun Child Protection	Considered Choices Bullying What's Happening to Me ✓✓ Puberty and Reproduction Making Decisions Taking Action Life, Be In It Living the Dream Dance with style Spring Up Child Protection

✓✓ Note: A parent note should be sent home prior to the commencement of the Unit